

FOR IMMEDIATE RELEASE

Canadian Documentary *Resilience: Stories of Single Black Mothers*  
World Broadcast Premiere on OMNI Television

Toronto – July 15, 2010

***Resilience: Stories of Single Black Mothers*** counters stereotypes with a complex and richly detailed portrait of real women. The Canadian documentary launches to English and Spanish speaking audiences this August on **OMNI Television**.

***Resilience: Stories of Single Black Mothers* premieres to English audiences as follows:**

Sunday, August 8 at 9pm ET on OMNI. 1 in Ontario  
Sunday, August 8 at 10pm MT on OMNI in Alberta  
Sunday, August 8 at 7pm PT on OMNI in BC

***Resilience: Stories of Single Black Mothers* premieres to Spanish audiences as follows:**

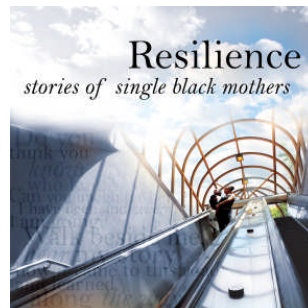
Sunday, August 15 at 7pm ET on OMNI. 1 in Ontario  
Sunday, August 22 at 7pm MT on OMNI in Alberta

*Resilience* is an intimate and detailed documentary from filmmaker **Lana Lovell** and **Storyline Entertainment** that confronts long-held stereotypes by stepping inside the lives of three women, Nancy, Simone and Gloria.

"*Resilience* effectively captures the reality of three single mothers through candid revelations of their triumphs and struggles as single parents today," commented Alain Strati, Vice President **OMNI** Station Group, Specialty & Development.

With honesty, intelligence and humour, the three women reflect on their experiences of balancing single parenthood, working life, relationships and the fulfillment of their own goals in the context of society. By interweaving these intimate stories, the documentary offers a deeper understanding of the challenges, practical strategies and dreams of three resilient mothers in Canada.

*Resilience* bears witness to the struggles, strengths, complexities and determination of women who are building rich and rewarding lives for themselves and their families, and serves to educate young people setting out on the path toward an exciting but uncertain future.



**About the Director:**

**Lana Lovell** began directing in earnest five years ago, after years of working as a researcher and producer for the Discovery Channel, CTV News and Kensington Communications Inc. Lana's most recent documentary ***Resilience: Stories of Single Black Mothers*** was produced for **OMNI Television** by **Storyline Entertainment** in 2010. Her other documentary titles include ***The Incomparable Jackie Richardson***, which was completed in 2008 for **Bravo Television** and received accolades for capturing musical performances, and ***Underground***, the award winning short which premiered at Hot Docs in 2006. Ms. Lovell has also directed for the series ***Literature Alive*** and ***Heart Beat*** for **Bravo Television**.

For more information, visit:  
[www.resiliencedocumentary.com](http://www.resiliencedocumentary.com)

**About OMNI Television:**

**OMNI™** is a free, over-the-air multilingual/multicultural television system committed to positive portrayal and broadcast reflection of Canada's diversity through the airing of inclusive and accessible programming. With five television stations -- in BC; Alberta (Calgary and Edmonton) and Ontario (OMNI.1 and OMNI.2) -- OMNI has a combined reach to 16.5 million households in major market areas. As well as specializing in Canadian multilingual/multicultural programming, OMNI carries well-known International series and films -- including East Asian Super Cinema and South Asian Bollywood Freetime Movies. OMNI Television is a part of Rogers Broadcasting Limited., a division of Rogers Communications Inc. (TSX: RCI and NYSE: RCI) which is a diversified Canadian communications and media company. For more information visit [www.OMNITv.ca](http://www.OMNITv.ca)

**Available for interviews:**

**Director Lana Lovell**



**For interview opportunities please contact:**

**Pennant Media Group**

Kevin Pennant [kp@pennantmediagroup.com](mailto:kp@pennantmediagroup.com)

Toronto 416.596.2978

Los Angeles 818.748.7517

**Media Contact:**

**For broadcast:**

Veronica Logue, Rogers Media Television,  
416.764.3195, [veronica.logue@rci.rogers.com](mailto:veronica.logue@rci.rogers.com)